






# MACMILLAN SERVICES IN SUSSEX

**£2,600,000** was spent developing and extending services in Sussex in 2017, all thanks to the support of people like you. As Douglas Macmillan said, "In one word we stand for **betterness**" and that is exactly what our dedicated volunteers, fundraisers and campaigners have allowed us to do across the county again this year. Thank you so much for helping **people living with cancer to find their best way through**.





## Macmillan Professionals

Over 200 based across hospitals and in the community

-  Brighton & Sussex University NHS Trust—53
-  East Sussex NHS Trust—35
-  Western Sussex Hospitals NHS Trust—50
-  Surrey and Sussex Hospital NHS Trust—55
-  Queen Victoria Hospital NHS Trust—8

## Financial Grants

610 local people awarded grants totalling **£211,800** in 2017

-  **£45,600** for clothing to help with the everchanging effects of cancer treatment on the body
-  **£36,800** for hospital fares, helping with travel and parking costs
-  **£36,800** to help those living with cancer heat their homes
-  **£18,700** for beds, mattresses and bedding



## 2017 Highlights

**£106,000** investment in a triage nurse specialist to join the Macmillan Midhurst Palliative Care Service. The service provides expert specialist palliative and end of life care to a large rural area, supporting people at home in order to avoid distressing hospital stays and providing complex treatments as well as supportive care as required. Support is already available 24 hours/day and this new role will ensure that everyone gets access to specialist advice immediately rather than sometimes waiting for a call back, as well as relieve pressure on the CNS team and, ultimately, alleviate some of the anxiety that people with palliative care needs face.


Before 2017, all patients from Eastbourne needed to travel to Brighton, or further afield, to receive radiotherapy. Macmillan has funded 3 Review Radiographers for the new radiotherapy suite in Eastbourne, ensuring people get the support they need closer to home. From preparing people for treatment to reviewing their care at regular intervals, to being there for any post-radiotherapy concerns, they'll play a key role in helping people with cancer to feel supported every step of the way.

**£23,000** to extend Macmillan support to the counselling service. The team consists of 2 paid counsellors, 4 volunteers & 5 placement students, they provide 960 counselling hours to people affected by cancer each year at St. Richards in Chichester and at Worthing Hospital. The average wellbeing scores for patients attending at the Worthing site are as follows:

*Start of Counselling:*  
Anxiety: 24                      Depression 25  
*End of Counselling:*  
Anxiety 10                      Depression 12

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## Other Services


 **4 Macmillan GPs** who visit GP practices to offer training and support around cancer, particularly early diagnosis and living with and beyond cancer. They work within the Clinical Commissioning Groups (CCGs) advising commissioners on cancer issues and raising concerns. They also lead on specific projects, for example the Surrey Downs Mac GP has led on training for GP Practice staff around their stress levels and resilience to better equip them for dealing with stressed patients within the practice

↳ Brighton & Hove


↳ East Surrey & Crawley


↳ Horsham & Mid Sussex


↳ West Sussex & Worthing


 **Age UK Home from Hospital Service** has had a further £57,115 investment to expand this service in East Sussex, (an area with the highest number of older people in the country). Each person is matched with a volunteer who offers a helping hand with tasks such as vacuuming, gardening and food shopping, and provides emotional support for people living alone or struggling to cope

↳ Macmillan Volunteer Coordinator manages a team of around 25 volunteers

 **East Sussex Information Network** includes 7 new information pods/points across East Sussex, to help people access cancer information in the community.

 **Princess Royal, Macmillan Information and Support room** has been refurbished, providing a space where patients can access counselling, see their CNS and bring their family, as well as gain access to other services like welfare benefits

 **40 Boots information pharmacists** provide cancer information and support in an environment that is everyday, trusted, familiar and accessible

 **11 Boots beauty advisors** to support people manage the visible side effects of cancer treatment

## Welfare Benefits

**Macmillan Horizon Centre Welfare Benefits Advice Service**






**Macmillan East Sussex Welfare Benefits Advice Service, Eastbourne**

**West Sussex CAB Welfare Macmillan Benefits Advice Service, Worthing**

### 2016/2017 Highlights

| <u>West Sussex</u>                              | <u>Horizon Centre</u>                          | <u>East Sussex</u>                              |
|---|--|---|
| 1059 cases worked on                            | 112 cases worked on                            | 500 cases worked on                             |
| £2,932,946.23 in financial payments for locals  | £811,601 in financial payments for locals      | £2,555,661 in financial payments for locals     |
| £134,458 invested to extend service to Dec 2019 | £52,336 invested to extend service to Dec 2019 | £109,314 invested to extend service to Dec 2019 |

## Information and Support

-  Macmillan Horizon Centre, Brighton (please see separate page for more info)
-  St Richard's Macmillan Information and Support Service, Chichester
-  Queen Victoria Hospital's, Macmillan Information and Support Service, East Grinstead
-  The Olive Tree Cancer Information & Support Service
-  Cancerwise, Chichester